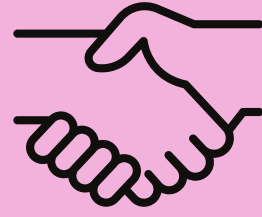


TRANS ALLYSHIP

1. UNDERSTAND

There is no one way to be trans. Every identity should be respected.



2. RESPECT

Respect names and pronouns. If you make a mistake, correct yourself and move on. Do not ask inappropriate questions.



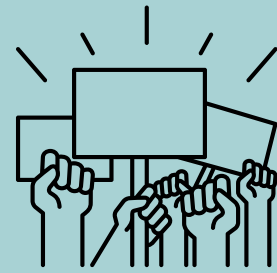
3. BE VOCAL

Use your position as a cis ally to educate others on trans issues. Include your pronouns when introducing yourself.



4. BE ACTIVE

Stay informed of current issues. Support trans rights campaigns. Attend trans events like Trans Pride, Trans Day of Visibility



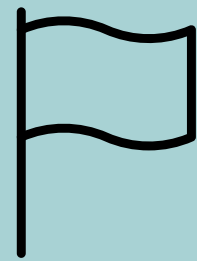
5. UNIVERSAL DESIGN

Utilise gender neutral options wherever possible e.g. gender neutral bathrooms. options on application forms and in data collection



6. VISUAL MESSAGING

Include trans flags, inclusive lanyards, gender neutral signage. Incorporate these all year round, not just in Pride month



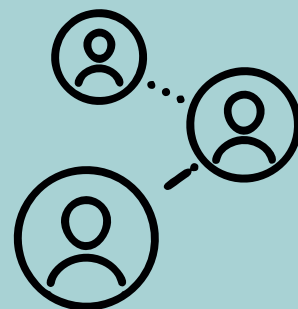
7. STAND UP

Interrupt transphobic bullying or harassment. Call out transphobic language. Research political candidates views on trans issues



8. CONNECT

Connect with LGBTQ+ community groups and organisations. Establish an LGBTQ+ Network in your work or organisation.



Transgender
Equality
Network
Ireland